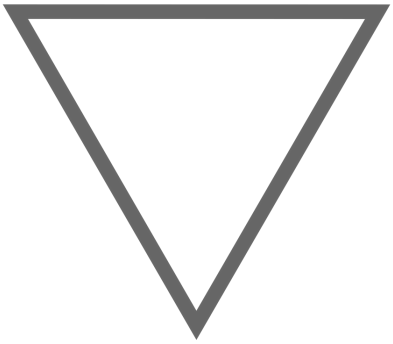
MEM- we must re-enter into the womb of the mother to be reborn. On this path the two meets the three to form five, the continual promise of change and growth. Here we enter into the cleansing waters and are refreshed and renewed!
-Alchemy 101

מ

THE HANGED MAN

With his gentle hand he wounded my neck and caused all my senses to be suspended. I remained lost in oblivion. My face inclined on the Beloved. All ceased and I abandoned myself, leaving my cares forgotten among the lilies.

Dark Night of the Soul
St. John of the Cross



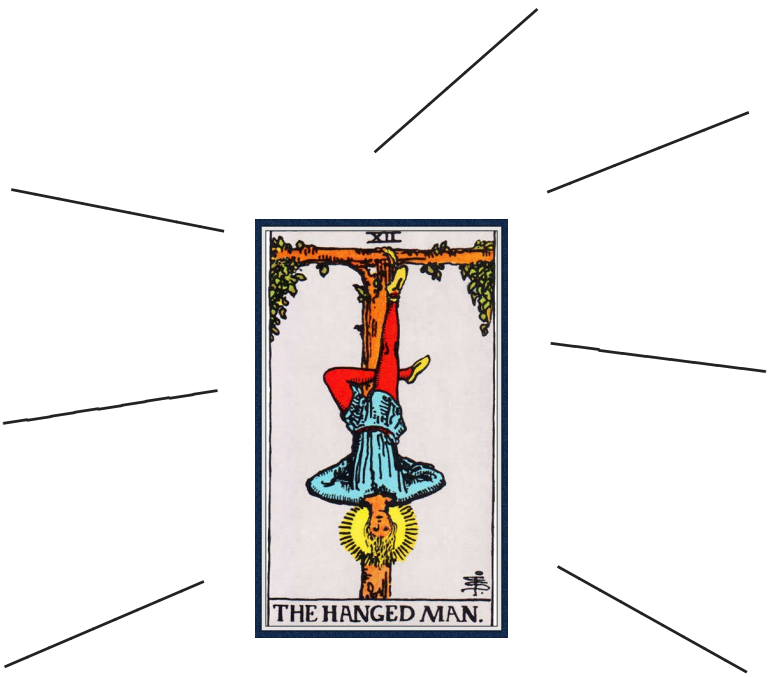
SPIRIT ENERGY MEDICINE © 2020

SURRENDERING

ENLIGHTENED SUSPENSION : PATH 23 XXIII

Willingly you sacrifice the person you once were. You let go of the need to know "why" and the tormenting thoughts of "what if" or "what will be" and begin to see life from a different perspective; you are THE HANGED MAN, a stabilizing intelligence! Cleansed through the power of water and waiting to be reborn, you have reconciled your higher-self with the Creator! You find great joy and happiness, for you have unburdened yourself, and your faith keeps you happily hanging-out, waiting for the next point of action. Everything is already working its self out; all you need to do is still have some patience; this is enlightened suspension. You know have conducted yourself authentically, truthfully and fairly. Gladly, you watch the world from a different perspective with a smile on your face. At this moment, there is nothing left to do but be still and enjoy the view as things unfold.

I give up all the old attachments, prejudices and fears. I give up all that inhibits my growth. I have faith that my sacrifice of the limitations of the known will lead me to new and bountiful rewards and fulfillment! I am the Hanged Man, forgiving and offering.



SPIRIT ENERGY MEDICINE © 2020

ALCHEMY OF PERCEPTION

THE THREE MOTHER LETTERS

In the Kabbalist tradition, there are three mother letters attributed to Air, Water and Fire the Hebrew letters Aleph, Mem and Shin, each representing a sort of baptism. These three-letters give birth to all of creation just as the three elements give birth to the Earth.

1. Baptism of Air; the awakening of the spirit (the FOOL)
2. Baptism of Water; the commitment and cleansing of the spirit (the HANGED MAN)
3. Baptism of Fire; the transfiguration or resurrection;
Arising as a new creation accompanied by miraculous feats (JUDGEMENT)

ALEPH MEM SHIN

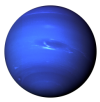
THE PATH OF MEM WATER

On the path of The Hanged Man, we connect with Mem; water, primordially, represents the womb of creation and the baptism of water. Water is similar and connects consciousness, and the awakening to the depths and mysteries of the sub-conscious. This thread of intelligence (the divine feminine spirit—water) runs through everything and is the common numeration binding everything together. When one comes to an awakened state, we sense and know everything is submerged in all of the consciousness's totality; everything is connected in a field of energy like the chains of water molecules. To baptize oneself in the waters symbolically shows one's understanding of surrendering to the process. Baptism is the willingness to offer-up and let-go our ego to submit to the higher workings of Spirit, the higher powers of the All. This requires a radical change in perspective to see things in a way that is contrary to the world. The Hanged Man's place is the place the quiet contemplation or zero-point before one emerges to the other side. It is an enlightened suspension—a faithful process of peace, faith and trust in the method.

SUSPENDED ON THE CROSS
THE PLACE OF THE VOID AND INFINITE POTENTIAL

"...a boundless expanse full of unprecedented uncertainty, with apparently no inside and no outside, no above and no below, no here and no there, no mine and no thine, no good and no bad. It is the world of water, where all life floats in suspension; where the realm of the sympathetic system, the soul of everything living begins; where I am individually this and that; where I experience the other in myself and the other-than-myself experiences me...the collective unconscious is anything but an incapsulated personal system; it is sheer objectivity, as wide as the world and open to all the world. There I am the object of every subject, in complete reversal of my ordinary consciousness where I am always the subject that has an object." - Carl Jung

SPIRIT ENERGY MEDICINE © 2020

♆ ALCHEMY OF NEPTUNE 

DREAMS OF FORTUNE OR DISASTER

Neptune (or Poseidon) is the God of freshwaters and the Sea, notorious for his fury — his powers are said to cause storms, earthquakes and angry waters. He is one of the three great brothers who rule creation along with Jupiter and Pluto, otherwise known as Zeus and Hades. Aside from his wrath, Neptune is also a God of fertility, representing the rains that come to bring moisture to the land and the morning dew that springs up from seemingly nowhere. He is a protector of sailors controlling the movement of the sea with his trident. The word trident comes from the word "three" and "teeth," perhaps corresponding to how the power of three can change our world. One of Neptune's abilities is to grant one the capability to shapeshift and transform oneself into something else.

PERSONAL RESEARCH

Take some time to research the meaning of Neptune in your astrology chart and write out your discoveries in your note book. It is important to create your own interpretation and understanding. You're welcome to share your discoveries on the Facebook page.

1. Where does Neptune sit in your natal chart?
What does this mean to you?

KEY SEARCH PHRASE "natal **Neptune** in the <number> house"

2. Where is Neptune sitting right now for you?
What does this mean to you?

KEY SEARCH PHRASE "**Neptune** transiting the <number> house"

3. When does Neptune turn retrograde and in what house?
What does this mean to you?

Neptune rules Pisces and is considered the planet of inspiration, dreams, psychic receptivity, illusion, and confusion. He rules spirituality, intuition, the healing waters and all things subtle. The energy is creative and expressive in his dreamy state, adding a lustre to theatre, fashion, fiction, and glamour. In essence, he is a creative force perfecting the art of entertainment and illusion. In his nightmarish state, the energy influences illusion, drugs, alcohol and trances like states or artificial paradises. Things can become shrouded in mystery and abstract thought when Neptune is around; this is where the lines of reality blur as we dive into subconscious dream-like states. With his assistance, we can stir up the polluted waters to emerge from our primordial imaginings free from the fear created by the deepest recesses of our Mind.

Discovered on September 23, 1846, Neptune's orbital period is 165 years long. His effects tend to be generational, as he spends about 14 years in each sign. His surface temperature is one of the coldest places in our solar system -218˚C, known as the Icy Giant! His deep blue colour is like the ocean and having storming winds yielding up to 2,100 kilometres per hour.

SPIRIT ENERGY MEDICINE © 2020

MAGICIANS TOOLS

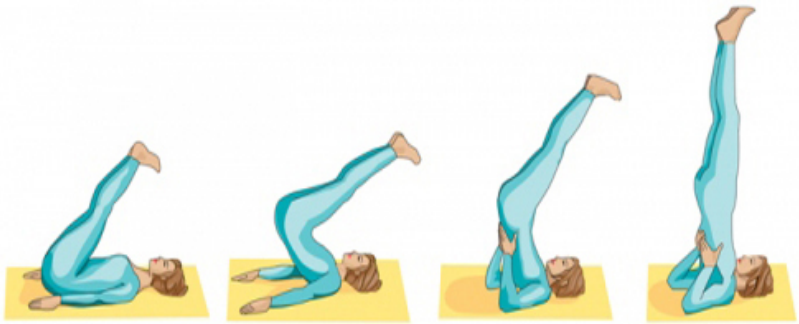
NIRVANA QUARTZ - SCOLECITE - WATER - REVERSALS - MOON OIL

Nirvana Quartz - is an intersecting stone of the past and future, bringing in stellar energy for our highest potential in the now! This stone rested dormant under Himalayan glaciers at 18,000 feet until 2006. It silently carries the powers of the deep past and is here to help transform our lives into our highest destiny. Nirvana, meaning stone of enlightenment, is a crystal emanating inner peace and silence. It creates a flow from the heart to the mind, helping re-pattern the old systems of belief leading to deep inner calmness. "Nirvana," relating to reaching a state where you can let go of those things that bind you in the perpetual state of doing or repeating patterns after patterns to come to a place of bliss, "samadhi." This stone breaks through old models and opens one up to the potential of a newer and brighter future! While nourishing the heart and bringing softness to everything, it works as an interface between matter and consciousness. "With Nirvana Quartz, you become aware you are a spiritual being on a human journey, and your task is to bring divine light into the world to shift the perceptions of consensual reality into spiritual truth." -Judy Hall

Scolecite - is a stone of profound inner calm and peace, gently working to awaken the higher mind, accessing higher dimensions and planes of awareness while protecting the traveller as they journey through the inner realms. It will help express the purity of love offering serenity and bliss, softly cleansing the debris in the energy centers. Use this stone for activating sweet dreams and restful sleep.

TAKE THE TIME AND SIT DO NOTHING
JUST SIT! I DARE YOU TRY TO DO NOTHING
FOR 30 MINUTES DO NOTHING
BE STILL — BE SUSPENDED!

Reversals: Shoulder Stand or Legs Up the Wall
Reversals are wonderful for changing your perspective; sometimes, you need to see the world from a different view. They stimulate the thyroid gland, relieve stress and depression, improve digestion, and open the shoulders and neck. They also open up the channels which activate the parasympathetic nervous system, rest and digest. This is known as the Queen of the postures!



WORKING THE PATH

EVENING

Face the WEST direction with THE HANGED MAN card and your NIRVANA QUARTZ. Place a drop of Neptune OIL in your hands and smell the scent, then recite the opening call;

I call upon the Great Spirit of All. May your grace descend upon me and awaken me to the power within; to your divine purpose and glory. May I find knowledge and understanding. In return, I reach out into the world to transform this Earth into your majesty. ***I now call upon the power of THE HANGED MAN and Mem - WATER and the planetary force of Neptune to help me cleanse and release my emotional attachments to situations and outcomes. I carry with me the power of the Nirvana Quartz to bring peace, inner calmness and new perceptions to my way of being.*** *May my heart be open and true. May the will of your Great Spirit always be, I commit myself to the great work, so be it (amen).*

Lay down with the crown of your head in the WEST. Now with place your stone on your heart or just above your crown moving into legs up the wall or a shoulder stand for five to ten minutes. Breath deeply and slowly allowing a calm mind to ensue. When you are done recite the affirmation below.

I give up all the old attachments, prejudices and fears. I give up all that inhibits my growth. I have faith that my sacrifice of the limitations of the known will lead me to new and bountiful rewards and fulfillment! I am the Hanged Man, forgiving and offering.

Bow to the power of the WEST honouring the power of the WATER and the power of THE HANGED MAN. Record any insights, synchronicities or dreams in your journal or share them on the Facebook page.

BAPTISME

Water: The universal Sol-Vant = Light Window.

Take the time during the next few weeks to drink extra water while consciously giving thanks to the power of water - to clear and to cleanse your body. Also, take the time to have a few sacred cleansing baths with salt or essential oils submerging your head underwater a few times to clear the entire aura (refer back to your Building Sacred Space Workbook Part 1 Page 4). If you can bath in a mineral pool or go to a freshwater spring and receive the gift of water.

CORD CUTTING EXERCISE

Take a full box of baking soda a cup of table salt and put it in your bathwater. In the bath, begin to envision any cords you have attached with other people or situations, then gently un-attach the cords with love and respect and send their energy back to them and receive your power back to you.

RITUAL & CEREMONY

PATH 23 : FROM THE SEVERITY TO SPLENDOR

Ritual for activating the power of THE HANGED MAN and WATER on PATH XXIII

Used for when you you feel stuck and you need to let go of knowing the outcome or details of your future. Also excellent for letting-go of old patterns and thoughts. This is the place of surrendering, trusting you are in alignment... now you just need to allow... this is your knowing.

BEST TIME TO WORK THIS RITUAL
Monday's at 12 midnight (late Sunday night)
The New or Full Moon is in Cancer, Scorpio, Pisces
When a planet moves into a water sign you that you wish to activate.

Set up your alter light the centre candle and open the four directions.
Take THE HANGED MAN card and your NIRVANA QUARTZ stone and place it on the alter in the WEST.
Now take your MOON OIL and holding it in your hands with respect and intent.
Recite the call below.

I call upon the Great Spirit of All. May your grace descend upon me and awaken me to the power with-in; to your divine purpose and glory. May I find knowledge and understanding. In return I reach out into the world to transform this Earth into your majesty.I now call upon the power of THE HANGED MAN and Mem - WATER to help me cleanse and release my emotional attachments to situations and outcomes. I carry with me the power of the Nirvana Quartz to bring peace, inner-calmness and new perceptions to my way of being. May my heart be open and true. May the will of your Great Spirit always be, I commit myself to the great work, so be it (amen).

Now either dilute a few drops of oil in a mister bottle with water then spritz the sent around your auric field and/or smudge a few drops on charcoal using an aura duster. As you release the MOON OIL into the air inwardly and outwardly voice what your needs are at this time, why are you doing this?
State the particular situation you need addressed.

Once you are done give thanks to the power of the WEST the element of WATER,
the power of MOON ; on the path of THE HANGED MAN.
Recite the following affirmation;

I give up all the old attachments, prejudices and fears. I give up all that inhibits my growth. I have faith that my sacrifice of the limitations of the known will lead me to new and bountiful rewards and fulfillment! I am the Hanged Man, forgiving and offering.

Close down the four directions and blow out your central candle!

SPIRIT ENERGY MEDICINE © 2020